



# A Global Research and Learning Agenda for Building Evidence on Contraceptive- Induced Menstrual Changes for Research, Product Development, Policies, and Programs

The Contraceptive-Induced Menstrual Changes (CIMC) Task Force \*



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# What are Contraceptive-Induced Menstrual Changes?

**Contraceptive-induced menstrual changes (CIMCs)** encompass all changes to the menstrual cycle that can be caused by using contraception, including changes in:

- 🔥 **Bleeding**
- 🔥 **Blood** and other effluent
- 🔥 Uterine **cramping** and pain
- 🔥 Other symptoms before, during, and after menstruation
- 🔥 Experiences of **menstrual and gynecologic disorders and symptoms**



As well as:

- 🔥 Changes over time with continued use
- 🔥 Short-term changes after discontinuation

# CIMC TASK FORCE

The CIMC Task Force developed, built consensus around, and disseminated the **Global Research and Learning Agenda: Building Evidence on Contraceptive-Induced Menstrual Changes in Research, Product Development, Policies, and Programs Globally (the CIMC Global RLA)**, which includes four research agendas for:

1. **Measurement**
2. **Contraceptive research and development (R&D)**
3. **Social-behavioral and user preferences research**
4. **Programmatic research**



<https://tinyurl.com/cimcRLA>

# Future CIMC work should focus on:

Measurement

Biomedical and  
Contraception  
R&D

Social-Behavioral  
and User  
Preferences

Programmatic  
Research Agenda

Cross-Cutting  
Priorities

## Thank you to the CIMC Task Force

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